

The journey to a smokefree hospital

Why we're here:

- To protect everyone from the harms of tobacco
- To help smokers quit for good, with the right support for them
- To provide access to effective treatment and advice

Why it matters:

284,000
adult smokers in
Greater Manchester

3,900
smoking-related deaths each
year in Greater Manchester

24,000
hospital admissions due to
smoking-related illnesses

80% of lung cancer cases
are caused by smoking
and **20%** of all cancers



Coordination

Smokefree Steering Group

Set up of a multi-disciplinary team who will lead the trust's Smokefree Policy. Ensure support from senior leaders and from staff working across different areas to ensure all key representatives are engaged.

Smokefree Policy

Create a clear policy that bans smoking on hospital grounds (indoors and outdoors). Include guidance on where vaping is allowed to support smokers and help them stay smokefree. See the Smokefree Policy template included within the Smokefree Hospital Toolkit.

Implementation plan

Develop a plan to raise awareness, offer support, and monitor the policy. Recruit smokefree champions to help enforce the policy and make changes to the hospital environment.



Communication

Public-facing communications

Share posters, leaflets, social media posts, and signage that has been co-designed with patients, service users and healthcare professionals, all included within the Smokefree Hospital Toolkit.

Smokefree training

Train staff to confidently promote and support the Smokefree Policy. Use resources like this Roadmap or the slides found within the Smokefree Hospital Toolkit, to help onboard staff.



Championing

Support services

Offer help for patients, staff, and visitors who smoke. Connect them to the onsite Treating Tobacco Dependency service, as well as the Smokefree App, and provide vaping starter kits.

Monitoring and progress

Regularly review how well the policy is working. Use the Smokefree Steering Group to track progress and check against the hospital's Treating Tobacco Dependency key performance indicators (KPIs), included within the Smokefree Hospital Toolkit.

Check-ins

Gather feedback from staff and patients to make sure they have the support they need. Review and update the policy annually. See example Patient Survey within the Smokefree Hospital Toolkit.



For more information on all elements included within the Smokefree Hospital Roadmap, [download the Smokefree Hospital Toolkit.](#)



**Together, we can create
a smokefree future**